PROGRAMME PROJECT REPORT

OF DIPLOMA IN BHAGAVAD GITA

ONE YEAR (TWO SEMESTER) PROGRAMME

Choice Based Credit System on Outcome Based Education (Effective from Session 2025-26)



CENTRE FOR DISTANCE AND ONLINE EDUCATION

GURU JAMBHESHWAR UNIVERSITY OF SCIENCE AND TECHNOLOGY HISAR-125001, HARYANA In collaboration with GIEO GITA RESDEARCH INSTITUTE, KURUKSHETRTA, HARYANA

(YEAR: 2025-26)

DIPLOMA IN BHAGAVAD GITA

1. PROGRAMME'S MISSION & OBJECTIVE

1.1PROGRAMME MISSION:

Diploma in Bhagvad Gita aims to explore the Bhagvad Gita as a comprehensive guide for life skills, integrating its philosophical concepts with practical applications in modern life. Participants will learn how to navigate personal and professional challenges, develop emotional resilience, and cultivate a balanced approach to life through the teachings of the Bhagvad Gita.

1.2 PROGRAMME OBJECTIVES:

- Education and Training: You could pursue a career in education, teaching the principles of the Bhagvad Gita in academic or spiritual settings.
- Corporate Training: Many organizations seek trainers who can impart life skills and ethical training based on philosophical texts like the Bhagvad Gita.
- Counselling and Coaching: You could become a life coach or counsellor, using the wisdom of the Gita to guide individuals in their personal and professional lives.

2. RELEVANCE OF THE PROGRAMME WITH HIGHER EDUCATIONAL INSTITUTION'S (HEI'S) MISSION & GOALS

2.1 HEI'S MISSION:

The University aspires to be a globally recognized Centre of excellence in the field of technical education and research. It strives to achieve this by introducing innovative job-oriented courses, employing competent and motivated faculty, developing state-of-the-art infrastructure, striking purposeful linkages with industry and professional bodies, and promoting quality of work life on campus. The University focuses on the student community to imbue them with passion for knowledge and creativity and to promote sustainable growth in academic resources, student

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placements, and holistic human development with a strong conviction for professional ethical, social and environmental issues.

2.2 HEI's GOALS

The goals of the University as enshrined in the Act are to facilitate and promote studies and research in emerging areas of higher education with focus on new frontiers of and also to achieve excellence in these and connected fields.

2.3 PROGRAMMES OFFERED TO ACHIEVE HEIT'S MISSION AND GOALS

The HEI's mission and goals are holistically inherited in the Diploma in Bhagvad Gita of Centre for Distance& Online Education. The Scheme and syllabus of this programme is designed by Board of Studies and the same is approved by Academic Council. Latest and updated curriculum is used to meet the Bhagvad Gita. Gita says, the real meaning of education is receiving of virtual knowledge but question arise 'what is virtual knowledge? Whenever we see or we feel the universe in diversity and God exists everywhere". "True knowledge is that which teach us to see God in each soul". The Lord says that supreme of all purest knowledge and its essence that knowledge was derived from the detailed study of Vedas and different kinds of Upanishads.

The cost of the programmes and provision for scholarship have been designed with objective of spreading mass education to meet needs of all class of learners. Personal Contact Programme (PCP) is offered by competent faculty as students' support services which ensures timely response to student's queries and, enhances overall quality standards.

3. NATURE OF PROSPECTIVE TARGET GROUP OF LEARNERS

In the current day changing global business scenarios, employee confidence, assertiveness, job satisfaction and work-life balance are very much important for global organizations. There is evidence of current day organizations using Bhagvad Gita to achieve these objectives. These are not the only applications of Bhagvad Gita It can also give insights on project

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Management. Students/Working Professionals who have completed Under Graduation and Master's degree are interested in furthering their education may do so by enrolling in online-learning diploma programme. This programme is offered completely through web-based classroom applications, and enrolees can complete all required coursework in order to cam the degree

- People with zeal to learn Bhagvad Gita will also find this program as a step-up in enhancing their skills.
- Working Professionals for gaining add on courses
- Persons who are not able to pay higher fees in regular mode (Affordable Fee structure)

4. APPROPRIATENESS OF PROGRAMME TO BE CONDUCTED IN OPEN AND DISTANCE LEARNING (ODL), AND ONLINE MODE TO ACQUIRE SPECIFICSKILLS AND COMPETENCE

Bhagavad Gita is the essence of all puranas. It is very simple and assertive. One can get insights from Bhagavad Gita with key observation. There are many insights and secretes hidden in Bhagavad Gita. Every word in Bhagavad Gita is taught in a positive attitude and positive essence. Bhagvad Gita consists of 18 chapters known as adhyayas. It consists of 700 slokas written in Sanskrit. The broader context of Bhagavad Gita is the epic Mahabharata. Bhagavad Gita was told by Lord Krishna to Arjuna and was watched by Sanjaya with the divyadrishti given by the Veda Vyasa. Bhagvad Gita as part of Mahabharata was scripted by Veda Vyasa. Researchers express that it was scripted between 2nd and 5th century BC. There are different perspectives or claims over the date of authorship of Bhagavad Gita.

All the courses in the programme are theoretical and problem based. So, no laboratory or experiment is needed to impart the skills and competence required for the programme. The specific skill and competencies required for a post graduate can be imparted to a great extent through SLM reference books, E-content and E-tutorial prepared with the approach of self-explanatory self-contained, self-directed, self- motivating and self-evaluating. Centre for Distance and Online Education Department is more costs effective and can take place while continuing full-time employment. The Department offers outcome-based education, having industry centric curriculum. This enables the students to satisfy their needs and aspirations as the system provides enhanced learning opportunities.

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4.1 LEARNING OUTCOMES:

In its effort towards contribution of knowledge generation and dissemination the programme is expected to

- To provide guidance on living a righteous and meaningful life.
- Explores the nature of reality, the self, and the universe, encouraging self-inquiry and contemplation.
- Apply practices like meditation and yoga, he guides individuals to achieve mental tranquillity and spiritual growth
- Analyse the importance of self-realization and understanding one's true nature beyond the physical and mental realms.
- Enhance emotional intelligence, helping you manage stress and interpersonal relationships effectively.

5. INSTRUCTIONAL DESIGN

Need based courses have been identified and the courses are developed. They have been fine-tuned taking into consideration industry/social requirements and also to educate rural people professionally. The course, curriculum and syllabi are designed and evaluated by a Departmental Committee. The curriculum and syllabi is then placed in the Board of Studies. The finalized curriculum and syllabi are then placed in the Academic Council for the final approval. In addition, courses have been introduced specifically for CDOE programmes to suit the requirements of the dynamic changes taking place in the economy and Industry. However, courses can be introduced as and when the need arises after obtaining necessary approvals from the appropriate academic bodies of the University. Approval of Board of Studies and Academic Council are obtained whenever modifications/additions are made in the existing curriculum and syllabi.

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5.1 CURRICLUM DESIGN

The Diploma in Bhagvad Gita: Your Guide to Success and Inner Peace is a one-year programme divided into two semesters. The course structure, viz, the scheme and syllabus of the Diploma in Bhagvad Gita is given as under:

Scheme of Diploma in Bhagvad Gita 2025-26

Semester-1

Paper Code	Nomenclature of Paper	Credits	Internal Marks	External Marks	Maximum Marks
DBG101	महाभारत ग्रन्थ का परिचय एवं पृष्ठ भूमि	4	30	70	100
DBG102	भगवद् गीता का क्रमिक विकास	4	30	70	100
DBG103	भगवद् गीता की विषय वस्तु	4	30	70	100
DBG104	क्यों पढ़ें भगवद् गीता	4	30	70	100
DBG105	मौखिक परीक्षा	4	30	70	100
in person, MI Religious Stud	Total	20	150	350	500

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Semester-II

Paper Code	Nomenclature of Paper	Credits	Internal Marks	External Marks	Maximum Marks
DBG201	गीता की सार्वभौमिक प्रासंगिकता	4	30	70	100
DBG202	कर्म मीमांसा (गीता के संदर्भ में)	4	30	70	100
DBG203	भगवद् गीता में मनोविज्ञान	4	30	70	100
DBG204	भगवद् गीता में मनोचिकित्सा	4	30	70	100
DBG205	मौखिक परीक्षा	4	30	70	100
	Total	20	150	350	500 Charperson
Note: To k	Grand Total De eligible for the award of the	40	300	700	1001MI Religious Studies, Guru Jambheshwar University Science & Technology, Hisas

Note: To be eligible for the award of the Diploma in Bhagvad Gita, a student has to complete all the 10 courses as shown in the table. However, a candidate can take exit option after 6 months (Semester 1) and upon successful completion, he/she will get Certificate in Bhagvad Gita.

5.2 DETAILED SYLLABUS:

प्रथम सेमेस्टर प्रश्न पत्र कोड - DBG101 महाभारत ग्रन्थ का परिचय एवं पृष्ठ भूमि

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- इकाई 1. महाभारत ग्रन्थ की रचना एवं विश्लेषण।
- इकाई 2. महाभारत ग्रन्थ का स्वरूप। विभिन्न पर्व।
- इकाई 3. कुरुक्षेत्र का स्वरूप। महाभारत युद्ध के कारण। प्रमुख पात्र। महाभारत में गीता का समावेश।
- इकाई 4. युद्ध का वातावरण और गीता उपदेश: प्रासंगिकता एवं जिज्ञासायें। अर्जुन एवं दुर्योधन की सोच में अंतर।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
 मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉ प्रवेश .सक्सेना, परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रथम सेमेस्टर प्रश्न पत्र कोड - DBG102 भगवद् गीता का क्रमिक विकास

कुल अंक -100 समयावधि - 3 घंटे

मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1. भगवद् गीता का शाब्दिक अर्थ और स्वरूप, अध्याय एवं उवाच पात्र परिचय।
- इकाई 2. श्री कृष्ण और महर्षि वेद व्यास की भूमिका। संजय को दिव्य दृष्टि।
- इकाई 3. भगवद् गीता: साक्षात् भगवान् की वाणी। गीता का उद्भव काल और विकास यात्रा।
- इकाई 4. भगवद् गीता और ऋषि, आचार्य परंपरा। मध्यकाल से वर्तमान तक गीता का प्रभाव।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
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- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रथम सेमेस्टर प्रश्न पत्र कोड - DBG103 भगवद् गीता की विषय वस्तु

कुल अंक -100 समयावधि - 3 घंटे मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1. अठारह अध्यायों का नाम, महत्व एवं प्रेरणा।
- इकाई 2. अठारह अध्यायों का सार।
- इकाई 3. गीता के विभिन्न पक्ष। अष्टादश श्लोकी (18) गीता।
- इकाई 4. भगवद् गीताः सकारात्मक ऊर्जा का अनुपम उपहार, मित्र एवं शत्रु दृष्टिकोण।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
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- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खवालान, दिल्ली।
- भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रथम सेमेस्टर प्रश्न पत्र कोड - DBG104 क्यों पढ़ें भगवद् गीता

कुल अंक -100 समयावधि - 3 घंटे

मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1. गीता में हृदयं पार्थ, जीवन गीत।
- इकाई 2. भगवद् गीताः समस्याओं का तार्किक समाधान, आत्म संयम से आत्म उद्धार।
- इकाई 3. भगवद् गीता में अर्जुन का निमित्त भाव, गीता में वैश्विक सद्भाव एवं विश्व बंधुत्व का शाश्वत सन्देश।
- इकाई 4. भगवद् गीता से जटिल प्रश्नों का सरलीकरण और निवारण, प्राणी मात्र का हित चिंतन।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
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- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 4. भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रथम सेमेस्टर प्रश्न पत्र कोड - DBG105

मौखिक परीक्षा

कुल अंक -100 समयावधि - 3 घंटे मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1. त्रिश्लोकी गीता (3) का उच्चारण । अर्जुन विषादयोग की व्याख्या ।
- इकाई 2. कर्म योग की व्याख्या । ज्ञान योग की व्याख्या।
- इकाई 3. भक्ति योग की व्याख्या।
- इकाई 4. भगवद् गीता के अनुसार ध्यान (MEDITATION) की जानकारी एवं लाभ।

संदर्भ ग्रन्थ

- 1. गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक : मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
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- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रश्न पत्र कोड - DBG201 गीता की सार्वभौमिक प्रासंगिकता

कुल अंक -100 समयावधि - 3 घंटे

मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1. भगवद् गीता में परम्पराओं का सम्मान। गीताः दृष्टान्त से सिद्धांत तक, निराशा से आशा की प्रेरणा।
- भगवद् गीता: प्रमाद से पुरुषार्थ, आसक्ति से अनासक्ति, पलायन से कर्तव्य परायणता बोध तक।
- कालजयी ग्रन्थ भगवद् गीता की सार्वदेशिक प्रासंगिकता। वैश्विक चिंतक एवं गीता।
- भगवद् गीताः राष्ट्रवाद, भारतीय स्वतंत्रता सेनानियों के लिए प्रेरणा, स्वतंत्रता संग्राम में भूमिका।

संदर्भ ग्रन्थ

- 1. गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक : मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 4. भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉ . प्रवेश सक्सेना, परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रश्न पत्र कोड - DBG202 कर्म मीमांसा (गीता के संदर्भ में)

कुल अंक -100 समयावधि - 3 घंटे मूल्यांकन अंक -70

आंतरिक मूल्यांकन अंक -30

इकाई 1 कर्म का स्वरूप | कर्म का त्याग नहीं, त्याग भाव से कर्म एवं शांति।

इकाई 2 त्याग भाव से कर्म, कर्म ही योग-कर्म ही यज्ञ।

इकाई 3 भगवद् गीताः कर्म, अकर्म, विकर्म।

इकाई 4 गीता में आदर्श उद्धरण।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
 मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 4. भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉ. प्रवेश सक्सेना, परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रश्न पत्र कोड - DBG203 भगवद् गीता में मनोविज्ञान

कुल अंक -100 समयावधि - 3 घंटे

मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1 भगवद् गीताः भारतीय मनोविज्ञान का स्वरुप। शरीर, मन, जीवात्मा, आत्मा एवं इन्द्रियों का समन्वय।
- इकाई 2 अच्छे श्रोता एवं पाठक का मनोविज्ञान। मन के हारे हार हैं, मन के जीते जीत।
- इकाई 3 अर्जुन की विचलित मनोदशा और वर्तमान में उसकी प्रासंगिकता।
- इकाई 4 आज का अस्थिर युवा वर्ग और विश्व भर में विकृत होती मनोस्थितियाँ।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
 मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 4. भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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द्वितीय सेमेस्टर प्रश्न पत्र कोड - DBG204 भगवद् गीता में मनोचिकित्सा

कुल अंक -100 समयावधि - 3 घंटे मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1 भगवान कृष्ण स्वयं सर्वोत्तम मनोवैज्ञानिक।
- इकाई 2 मुस्कुराता व्यवहार सर्वप्रथम उपचार । संयमित, सन्तुलित और सात्विक आहार स्वयं में उपचार।
- इकाई 3 भगवद् गीता तनाव प्रबंधन का सशक्त माध्यम । अतिशय सोच स्वयं में घातकः अर्जुन एक उद्धरण।
- इकाई 4 तनाव, अधीरता, आवेश के दुष्परिणाम एवं विचार शक्ति का स्वरूप और प्रभाव।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
 मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 4. भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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प्रश्न पत्र कोड - DBG205

मौखिक परीक्षा

कुल अंक -100 समयावधि - 3 घंटे

मूल्यांकन अंक -70 आंतरिक मूल्यांकन अंक -30

- इकाई 1 अष्टादश श्लोकी (18 श्लोक) का उच्चारण।
- इकाई 2 विभूति योग की व्याख्या। गुण-त्रय योग की व्याख्या।
- इकाई 3 विश्वरूप दर्शन योग की व्याख्या। पुरुषोत्तम योग की व्याख्या।
- इकाई 4 भगवद् गीता के अनुसार ध्यान (MEDITATION) एवं विभिन्न विधियाँ।

संदर्भ ग्रन्थ

- गीता प्रेरणा, गीता मनीषी स्वामी श्रीज्ञानानंद जी महाराज, संस्करणः 2017, भाग-5, प्रकाशक
 मनोज पब्लिकेशन्स, 761, मेन रोड, बुराडी, दिल्ली।
- 2. गीता- रहस्य कर्मयोग शास्त्र भाग-1, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 3. गीता- रहस्य श्रीमद्भगवद्गीता भाग-2, लोकमान्य बाल गंगाधर तिलक, संस्करण -2010, प्रकाशकः अखिल भारती, 3014, चर्खेवालान, दिल्ली।
- 4. भगवद्गीता, डॉ. सर्वेपल्लि राधाकृष्णन प्रकाशकः हिंदी पॉकेट बुक्स प्राईवेट लिमिटेड जे- 40, जोरबाग लेन, नई दिल्ली।
- 5. गीता और समकालीन संदर्भ, डॉप्रवेश सक्सेना ., परिमल पब्लिकेशन्स दिल्ली प्रथम संस्करण 2016

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Important Instruction for the Course Coordinator and the Examiner:

For Paper Codes DBG101 to104 and DBG201 to 204:

- Total marks for each paper will be 100 (Theory 70, Internal assessment 30).
- Minimum pass marks in each paper will be 40%.
- The theory question paper will consist of two parts viz. Part A and Part B:

Part A: 10 questions of 5 marks each and the candidate is required to attempt any 7 questions. (5 X 7 = 35 marks)

Part B: 03 questions of 12, 12 and 11 marks with internal choice and the candidate is required to attempt these questions. $(12 \times 2 + 11 \times 1 = 35 \text{ marks})$

For Paper Codes DBG105 and DBG205:

- Total marks 100 (Viva Voce and discussion 70, Internal assessment 30)
- Minimum pass marks in each paper will be 40%.
- In this paper, the candidate has to explain the topic to the examiner. The candidate is at liberty to use technology, PPT, chart, poster, teaching aid etc. to explain the topic.

DURATION OF PROGRAMME

The duration of the Diploma in the Bhagvad Gita is one year and the maximum duration is three years.

- 1. A student who for whatever reasons is not able to complete the programme within the normal period or the minimum duration prescribed for the programme shall be allowed two years period beyond the normal period to clear the backlog to be qualified for the degree. The general formula, therefore, will be as follows:
- a) Time span = N+2 years for the completion of programme. Where N stands for the normal or minimum duration prescribed for completion of the programme.
- b) In exceptional circumstances a further extension of one more year may be granted. The exceptional circumstances are spelt out clearly by the relevant statutory body of the University.
- 2. Further, the mercy chance, if any will be given within maximum allowed period of the programme as per UGC guidelines. In normal circumstances, only two chances will be given to pass re-appear examination.

5.4 FACULTY AND SUPPORT STAFF

FACULTY

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The Faculty of Gita Gyan Research Institute, Kurukshetra will look after the following activities related to the programme:

- Conducting Personal Contact Programme (PCP) classes for the students.
- Assisting in the change of Regulations and Curriculum, admission work, counselling new students and other issues such as break of study, exemptions etc.
- Coordinating for the preparation of study materials for all semesters/year.
- Coordinating with the faculty members for the preparation and evaluation of assignments of students, and viva voce examinations.

SUPPORT STAFF

The Centre for Distance and Online Education (CDOE) of the university is headed by the director who is a full-time faculty member (Professor) of the university appointed by Vice-Chancellor to facilitate the development, implementation and monitoring the programmes offered at CDOE and to attend all administrative matters concerned with the activities of directorate. The supporting staffs such as one Deputy Registrar, one Assistant Director, one Superintendent, two Deputy Superintendent, one Hindi Officer, Six Assistants and other clerical staff are coordinating the activities of Centre for Distance and Online Education (CDOE) and looks after the problems of the students. The Supporting staff looks after the problems of the students through online admission help line, examination related work, study material delivery, grievance redressed and so on. The CDOE is assisted by the IT CELL for the online uploading and evaluation of assignments and other student support activities. The CDOE also assisted by Pt. Dindayal Upadhyaya Computer and Informatics Centre (PDUCIC) department for communicating important information to the students through CDOE website of Guru Jambheshwar University of Science and Technology, Hisar. The PDUCIC department managed the CDOE Website of the University. Dr. Tarun Coordinator, GIEO Gita and his/her team, Thanesar, Kurukshetra and Dr. Ramswaroop, Assistant Professor, Guru Jambheshwar Ji Maharaj Institute of Religious, GJUS&T will look for programme an activity as programme coordinator(s) as per MOU.

5.5 INSTRUCTIONAL DELIVERY MECHANISM

The Instructional delivery mechanisms of the University for ODL/online courses different components, viz, SLM, Personal Contact Programme (PCP), E-Content, E-Tutorial, Internal Assignments and End Term Examination.

- Self-Learning Material: The success and effectiveness of the programme largely depends on the e-content in the form of self-learning mode (SLM). So, it is necessary that the online study material must be ideal for easy and better understanding. Learning Material through electronic media named Self-learning Material (SLM) is developed with the approach of self-explanatory, self-contained, self-motivating and selfevacuating followed by the UGC guidelines.
- Personal Contact Programme: PCP sessions guide the learners as the programme proceeds. The PCP schedule is communicated to the learners through website or Email service. During PCP, the learner gets guidance for better understanding of the programme and subject.
- E-Contents-The success and effectiveness of this programme is largely depends on the e-content in the form of self-learning mode (SLM). So, it is necessary that the online study material must be ideal for easy and better understanding. Learning Material through electronic media named Self-learning Material (SLM) is developed with the approach of self-explanatory, self-contained, self-motivating and self-evacuating followed by the UGC guidelines. Beside this, the E-content also may include e-book, illustrations, case studies, presentations and web resources such as further references, related links, open-source content on internet, video, case studies, research papers, Journals, anecdotal information, articles, historical development of the subject etc.

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Science & Technolos F-Tutorial - E-Tutorial in the form of video-audio lectures, PPTs, virtual labs etc., guide the learners for better insights on subject matters. It shall be the responsibility of the programme coordinators to ensure that none of the graphics, animation, images, sound clips, video clips used are plagiarized or cited without formal permission from owners. The information for the e-tutorial is communicated to the learners through website or SMS Services. During e-tutorial, the learner gets guidance for better insights of the subject. A four credit course shall typically have 10 hours of video content and reading material

- **Discussion Forum:** The facility of discussion forum also provided for raising of doubts and clarifying the same on real time basis for programme by the Faculty of Gita Gyan Research Institute of Kurukshetra. The learners get their doubts cleared with the help of subject experts so as to improve their self- learning capability.
- Learners are required to attend e-tutorial as well as discussion forum sessions for all their respective subjects. The mentor shall be the subject matter expert adept in handling technology. The Programme coordinator and mentor shall need to participate actively in discussion forum. Apart from discussion forum other interactive platforms like web conferencing may also be used.
- Internal Assessments: In order to ascertain the writing skill and level of comprehension of the learner, assignment work is compulsory for all learners. The learners will be provided an online portal for the uploading of the assignments and same will be evaluated online by the subject expert. Two assignments of 30 marks i.e. 15 marks each is allotted for each subject consisting of questions with practical base. The assignment question papers are uploaded on the website within a scheduled time and the learners are required to respond them within a specified period of time.
- End Term Examination- At the end of every session learner will give theory
 examination that will be of 70 marks for each subject. For Open and Distance
 Learning (ODL) and online mode examination, either using computer-based test or
 pen and paper test in a proctored environment in designated exam enters with all the
 security arrangements ensuring transparency and credibility of the examinations.
 Online examination may also be conducted through technology mediated proctoring.

5.6 STUDENT SUPPORT SERVICES

The department of the university provides the Student Support Services through online mode. Following are the main student support services provided by university through online mode:

- Online Admission Portal for students
- Online fee portal for students
- SMS alert facility for the students for information related to PCPs, Project, Deadlines and Viva-voce etc.
- Grievance handling mechanism is adopted with the help of supporting technical staff
- Practical Questions Based Assignments
- Online availability of study material
- Comprehensive viva-voce is conducted after term and examination
- Student Help Desk

6. PROCEDURE FOR ADMISSIONS, CURRICULUM TRANSACTION AND EVALUATION

6.1 PROCEDURE FOR ADMISSIONS

6.1.1 ADMISSION PROCEDURE

Whole admission process is online as per the University rules.

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6.1.2 ADMISSION POLICY FOR THE PROGRAMME

Admission is based on filling online Admission Form. The procedure of filling the online application form is a four-step procedure, i.e.

- Create ABD ID
- Create DEB ID
- Candidate Registration.
- Payment option through Net Banking, Debit card or Credit card.
- Filling of application form.
- Uploading required scanned documents.
- Generating Preview

6.1.3 ELIGIBILITY

Candidate passed in 12th/10+2 examination in any discipline from CBSE/ICSE/Board of School Education, Haryana or any other examination recognized as equivalent thereto are eligible to apply.

6.1.4 Fee structure

Diploma in Bhagvad Gita (ODL / Online Mode)

Instalment No.	Amount	Without late fee	With late fee of
1 Instalment	₹6,500/-	At the time of admission	₹1000/- per month
2 Instalment	₹ 3,500/-	31 January every year	30 April every year

6.1.5 CURRICULUM TRANSACTION

The Centre for Distance and Online Education supply study material in the form of self learning mode (SLM), printed books/lessons as well as in the electronic form. The students get the same directly from the department either by hand or will be sent by post/courier service. Similarly, soft copy of the SLM is uploaded on the CDOE website. Personal contact programme (PCP) for students is also arranged by the expert teachers to resolve the queries and doubt regarding the syllabus. E-tutorial for programme is arranged for each semester by the respective Programme Coordinator. Theory/Practical teaching as per requirements will be provided to the students by the subject specialists. Video lectures are also provided to the students on their LMS portal. The e-tutorial held as per the schedule given in the prospectus. In addition to this student are informed about e-tutorial and other activities through website

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Last Date of submission of Internal Assignment

Odd Semester	Even Semester		
15th January every year	30 April every year		
Last Date of submission of Internal /	Assignment with a late fee of Rs. 500/-		
31" January every year	31 May every year		
Last Date of submission of Internal A	Assignment with a late fee of Rs.1000/-		
15th February every year	15th June every year		

NOTE:

- 1. The students have to upload two internal assignments of each theory paper of 30% weightage in the stipulated time period mentioned above. Assignments will be prepared by the students and be available on the website and student portal/LMS as well. It is the sole responsibility of the student to download the question paper of the assignment and upload the solved assignments.
- 2. The students who fail in internal assessment as well as in aggregate will have the option to improve their score in the internal assessment giving a special chance to such students.
- 3. A student who could not score 40% marks in external examination of the particular course will have to reappear in the external examination of the respective paper as per university rules in this connection.

PROGRAMME OUTCOMES

The Diploma is a highly prestigious business-oriented programme of modern times, which prepares the students for taking up corporate and academic challenges in private and public sectors. The programme is aimed at following outcomes:

- PO1.Enhance emotional intelligence, manage stress and interpersonal relationships effectively.
- **PO2**. Emphasize ethical behaviour, integrity, and accountability, which are highly valued traits in any profession.
- PO3.Helps in making ethical decisions and standing by them, which is crucial in leadership roles and in maintaining a trustworthy professional image
- PO4.Improve communication skills by fostering empathy and understanding.
- PO5. Encourages harmonious interactions and effective collaboration within teams.
- PO6. Techniques from the Gita can help manage stress and maintain mental well-being, enhancing productivity and job satisfaction.

GJMI Religious Studies, Guru Jambheshwar University of Science & Technology, Hisar